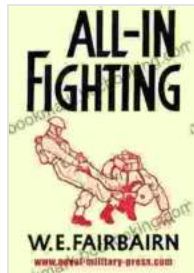


All In Fighting We Fairbairn: The Ultimate Guide to Hand-to-Hand Combat



ALL-IN FIGHTING by WE Fairbairn

★★★★☆ 4.5 out of 5

Language	: English
File size	: 30773 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 153 pages



W.E. Fairbairn was a legendary figure in the world of hand-to-hand combat. He was a British police officer who served in Shanghai and Hong Kong in the early 20th century. During his time in China, Fairbairn developed a system of unarmed combat that was used to train the elite special forces units of World War II.

Fairbairn's system of combat was based on the principles of simplicity, efficiency, and brutality. He believed that the best way to win a fight was to use the most direct and effective techniques possible. Fairbairn's methods were not flashy or complicated, but they were deadly.

The Basics of Fairbairn's System

Fairbairn's system of combat is based on a few key principles:

- **Simplicity:** Fairbairn's techniques are designed to be easy to learn and remember. He believed that the best way to win a fight was to use a few simple, effective techniques that you could execute automatically.
- **Efficiency:** Fairbairn's techniques are designed to be as efficient as possible. He believed that every move you made should have a purpose. There was no room for wasted motion in Fairbairn's system.
- **Brutality:** Fairbairn's techniques are designed to be brutal. He believed that the best way to stop an attacker was to inflict as much pain and damage as possible.

The Techniques of Fairbairn's System

Fairbairn's system of combat includes a wide range of techniques, including:

- **Strikes:** Fairbairn's strikes are designed to be powerful and effective. He teaches a variety of strikes, including punches, kicks, elbows, and knees.
- **Grappling:** Fairbairn's grappling techniques are designed to control and subdue an opponent. He teaches a variety of grappling techniques, including throws, takedowns, and joint locks.
- **Weapons:** Fairbairn also teaches how to use a variety of weapons, including knives, guns, and improvised weapons.

The Legacy of W.E. Fairbairn

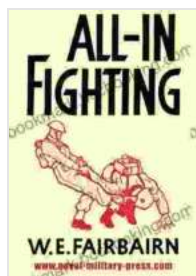
W.E. Fairbairn was one of the most influential figures in the world of hand-to-hand combat. His system of combat is still used by elite special forces

units around the world. Fairbairn's legacy is also evident in the martial arts world. Many modern martial arts, such as Krav Maga and Systema, have been influenced by Fairbairn's teachings.

All In Fighting We Fairbairn is the definitive guide to the hand-to-hand combat system developed by the legendary W.E. Fairbairn. This book provides a comprehensive overview of Fairbairn's techniques, principles, and legacy. Whether you are a martial artist, a law enforcement officer, or simply someone who wants to learn how to defend yourself, this book is a must-read.

Free Download Your Copy Today

All In Fighting We Fairbairn is available now from all major booksellers. Free Download your copy today and learn the secrets of hand-to-hand combat from the legendary W.E. Fairbairn.



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