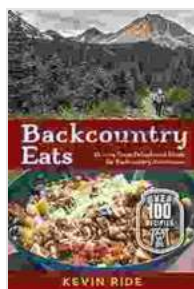


Backcountry Eats: The Essential Guide to Eating Well in the Wilderness

By Jim Hartnett PGA

Are you tired of eating freeze-dried meals and energy bars on your outdoor adventures? Do you dream of enjoying delicious, home-cooked meals in the wilderness? If so, then Backcountry Eats is the book for you.



Backcountry Eats by Jim Hartnett PGA

★★★★☆ 4.5 out of 5

Language : English

File size : 20175 KB

Screen Reader : Supported

Print length : 41 pages

Lending : Enabled



Written by Jim Hartnett PGA, a professional chef and avid outdoorsman, Backcountry Eats provides everything you need to know about planning, preparing, and cooking delicious meals on your next outdoor adventure. Whether you're a beginner backpacker or an experienced mountaineer, this book will help you take your camp cooking to the next level.

In Backcountry Eats, you'll learn:

- How to plan a backcountry menu that meets your nutritional needs and taste preferences
- How to choose the right gear for backcountry cooking

- How to prepare and cook delicious meals on a camp stove or open fire
- How to store and transport food safely in the wilderness
- How to avoid and treat foodborne illnesses

Backcountry Eats is more than just a cookbook. It's a comprehensive guide to eating well in the wilderness. With over 100 recipes, from hearty breakfasts to gourmet dinners, Backcountry Eats will inspire you to cook delicious meals on your next outdoor adventure.

So what are you waiting for? Free Download your copy of Backcountry Eats today and start planning your next delicious wilderness meal.

About the Author

Jim Hartnett PGA is a professional chef and avid outdoorsman. He has spent over 20 years cooking and teaching in the backcountry. Jim is the author of several cookbooks, including Backcountry Eats and The Campfire Cookbook. He is also the founder of the Backcountry Culinary Institute, a non-profit organization that teaches people how to cook delicious meals in the wilderness.

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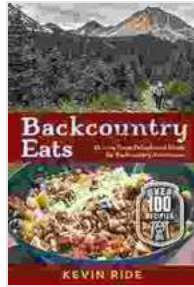
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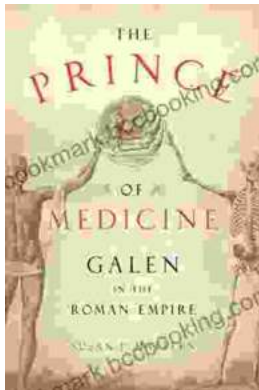
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