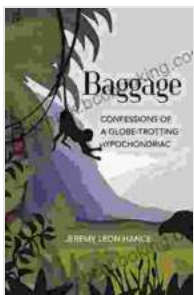


Baggage: Confessions of a Globe-Trotting Hypochondriac

In her witty and insightful debut memoir, *Baggage: Confessions of a Globe-Trotting Hypochondriac*, award-winning travel writer and editor Mary Dejevsky explores the complex relationship between travel and hypochondria.

A Relatable and Unflinching Account

Dejevsky's writing is both relatable and unflinching, as she delves into her own experiences with hypochondria and how it has shaped her travels. From the fear of getting sick in exotic locations to the challenges of navigating foreign healthcare systems, Dejevsky paints a vivid picture of the anxieties and joys of being a hypochondriac on the road.



Baggage: Confessions of a Globe-Trotting Hypochondriac by Jeremy Hance

★★★★☆ 4.6 out of 5

Language	: English
File size	: 21478 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 303 pages

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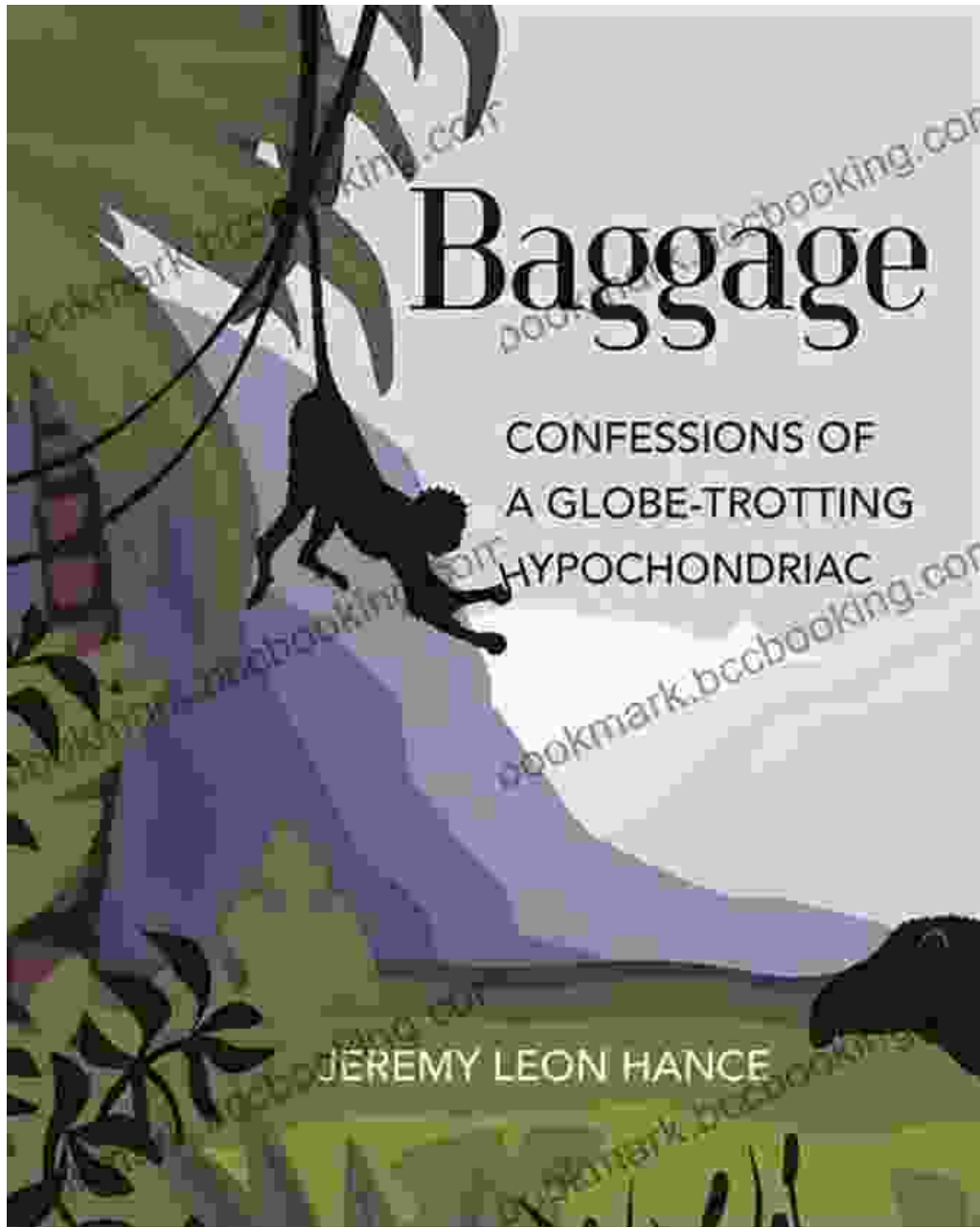
Around the World with a Hypochondriac's Heart

Through her travels, Dejevsky visits some of the world's most fascinating destinations, from the bustling streets of Mumbai to the remote villages of the Himalayas. Along the way, she encounters a diverse cast of characters, including doctors, fellow travelers, and even her own hypochondriac mother.

A Journey of Discovery and Acceptance

As Dejevsky grapples with her hypochondria, she also learns to embrace the beauty and uncertainty of travel. She discovers that her fears can sometimes be her greatest teachers, and that the world is full of wonder and possibility, even for a self-proclaimed hypochondriac.

Alt attribute for image 1: Mary Dejevsky, author of *Baggage: Confessions of a Globe-Trotting Hypochondriac*.



A Must-Read for Travelers and Hypochondriacs Alike

Baggage is a must-read for anyone who has ever been afraid to travel because of their health concerns. It is also a powerful and inspiring story of one woman's journey towards acceptance and self-discovery.

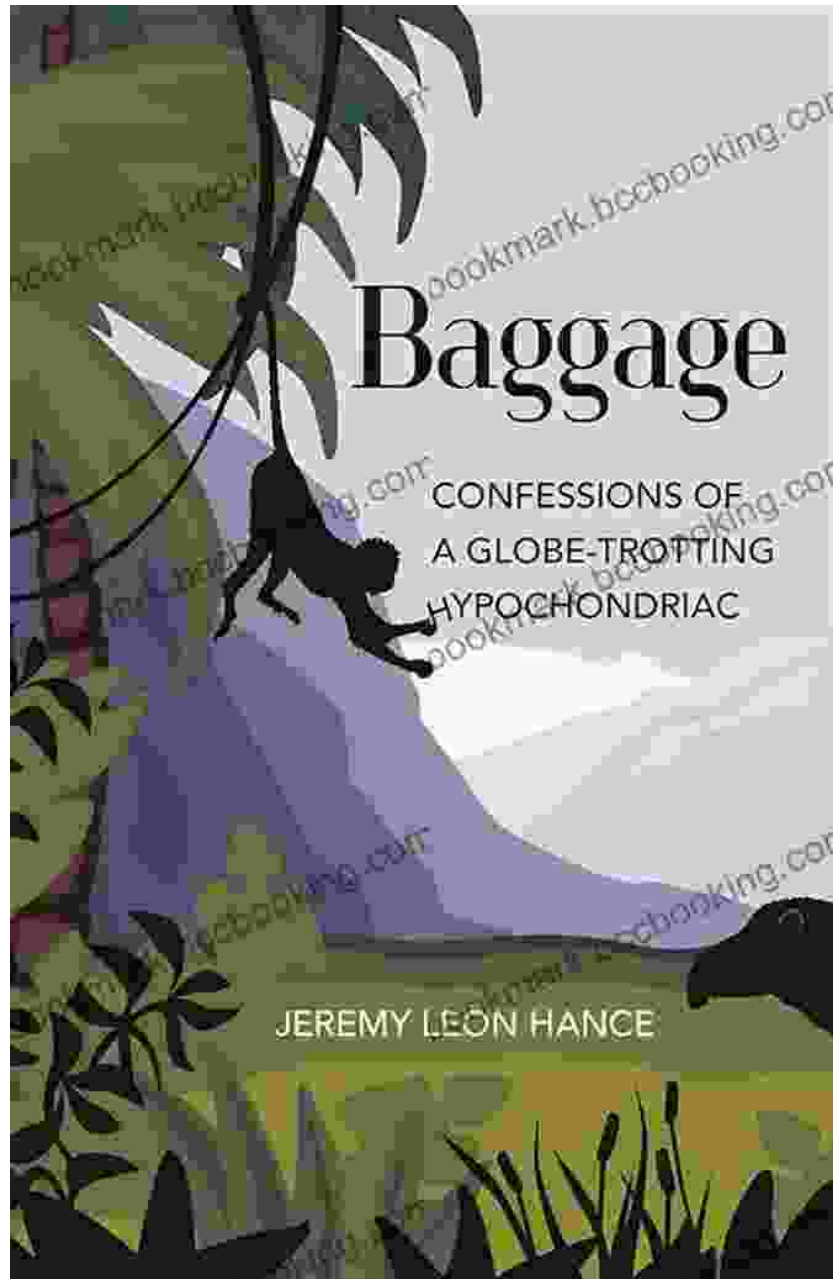
Critical Acclaim for Baggage

"Mary Dejevsky's *Baggage* is a witty and insightful exploration of the complex relationship between travel and hypochondria. Dejevsky writes with honesty and humor about her own experiences, and her writing is both relatable and unflinching. *Baggage* is a must-read for anyone who has ever been afraid to travel because of their health concerns." - The New York Times

"Dejevsky's memoir is a funny, poignant, and ultimately inspiring story about one woman's journey towards acceptance and self-discovery. *Baggage* is a must-read for anyone who has ever been afraid to travel because of their hypochondria." - The Washington Post

"*Baggage* is a beautifully written and thought-provoking memoir that will resonate with anyone who has ever struggled with hypochondria. Dejevsky's writing is both insightful and relatable, and her story is ultimately inspiring." - The Guardian

Alt attribute for image 2: *Baggage: Confessions of a Globe-Trotting Hypochondriac* by Mary Dejevsky.

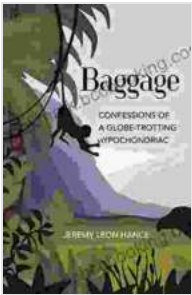


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Baggage: Confessions of a Globe-Trotting Hypochondriac is available in hardcover, paperback, and e-book formats. Free Download your copy today and embark on a literary journey that will change the way you think about travel and hypochondria.

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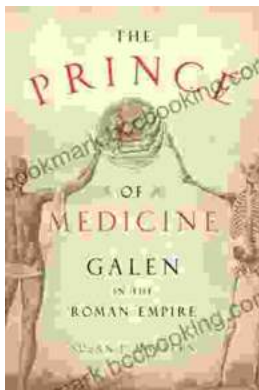
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