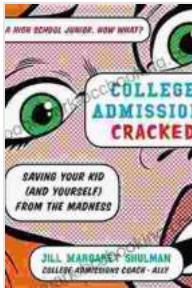


Saving Your Kid and Yourself from the Madness: A Must-Read for Parents



College Admissions Cracked: Saving Your Kid (and Yourself) from the Madness by Jill Margaret Shulman

★★★★☆ 4.4 out of 5

Language : English
File size : 4537 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 295 pages



As a parent, there is nothing more terrifying than seeing your child struggle with mental health issues. You feel helpless and alone, and you don't know where to turn. Dr. John Duffy, a leading expert on child and adolescent mental health, has written a book that can help you. *Saving Your Kid and Yourself from the Madness* is a must-read for parents of children with mental health disFree Downloads.

In this book, Dr. Duffy provides practical advice and support for families facing this challenge. He covers topics such as:

- How to recognize the signs and symptoms of mental health disFree Downloads
- How to talk to your child about mental health

- How to find the right treatment for your child
- How to cope with the stress and challenges of parenting a child with a mental health disFree Download

Dr. Duffy's book is full of compassion and understanding. He knows what you're going through, and he wants to help you. He offers hope and guidance, and he shows you that you're not alone.

If you're the parent of a child with a mental health disFree Download, I urge you to read *Saving Your Kid and Yourself from the Madness*. It will help you understand your child's condition, find the right treatment, and cope with the challenges you face. You're not alone. Help is available.

About the Author

Dr. John Duffy is a leading expert on child and adolescent mental health. He is the author of several books on the topic, including *The 7 Secrets of Raising Well-Behaved Children* and *Challenging Behavior: What It Is and How to Change It*. Dr. Duffy is a frequent speaker at conferences and workshops, and he has appeared on numerous television and radio programs.

Reviews

"Saving Your Kid and Yourself from the Madness is a must-read for parents of children with mental health disFree Downloads. Dr. Duffy provides practical advice and support for families facing this challenge." - **The National Alliance on Mental Illness**

"Dr. Duffy's book is full of compassion and understanding. He knows what you're going through, and he wants to help you. He offers hope and

guidance, and he shows you that you're not alone." - **The American Academy of Child and Adolescent Psychiatry**

"Saving Your Kid and Yourself from the Madness is a valuable resource for parents of children with mental health disFree Downloads. Dr. Duffy provides practical advice and support that can help families cope with this challenge." - **The National Institute of Mental Health**

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