

# The Story of a Young, Courageous Man Who Persevered Over OCD and Earned Admission to Harvard

This is the story of a young man named John. John was a bright and ambitious student, but he struggled with OCD. His OCD made it difficult for him to concentrate in school, and he often felt anxious and overwhelmed. But John never gave up on his dream of attending Harvard. He worked hard in school, and he sought help for his OCD. With the support of his family and friends, John was able to overcome his challenges and achieve his goals.



## Life in Rewind: The Story of a Young Courageous Man Who Persevered Over OCD and the Harvard Doctor Who Broke All the Rules to Help Him by Terry Weible Murphy

★★★★☆ 4.6 out of 5

Language : English  
File size : 1531 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 268 pages



John's story is an inspiration to everyone who has ever faced adversity. It shows that anything is possible if you never give up on your dreams. John's story is a reminder that we are all capable of great things, even when we face challenges.

## **John's Early Life**

John was born in a small town in the Midwest. He was a bright and curious child, and he loved to learn. But John also struggled with OCD. His OCD made it difficult for him to concentrate in school, and he often felt anxious and overwhelmed.

John's parents were supportive and understanding. They helped him to find a therapist who could help him manage his OCD. With the help of his therapist, John was able to develop coping mechanisms that helped him to control his OCD.

## **John's Education**

John attended public school throughout his elementary and middle school years. He was a good student, but he often struggled with his OCD. In high school, John's OCD became more severe. He had difficulty concentrating in class, and he often felt anxious and overwhelmed.

Despite his challenges, John was determined to succeed in school. He studied hard and sought help from his teachers and counselors. With the support of his family and friends, John was able to graduate from high school with honors.

## **John's College Application Process**

John applied to several colleges, but he was most interested in attending Harvard. He knew that Harvard was a reach school, but he was determined to give it his best shot. John worked hard on his college applications, and he wrote a powerful essay about his experiences with OCD.

John was thrilled when he received his acceptance letter from Harvard. He was the first person in his family to attend college, and he was proud of his accomplishment.

## **John's College Experience**

John started at Harvard in the fall of 2018. He was nervous about starting college, but he was also excited to be there. He quickly made friends, and he joined several clubs and organizations.

John's OCD continued to be a challenge for him in college. He had to work hard to manage his symptoms, but he was determined to succeed. John sought help from the university's counseling center, and he also joined a support group for students with OCD.

With the support of his friends, family, and counselors, John was able to thrive in college. He earned good grades, and he was involved in many extracurricular activities. John graduated from Harvard in the spring of 2022 with a degree in psychology.

## **John's Future Plans**

John is now working as a therapist at a mental health clinic. He is passionate about helping others who struggle with OCD. John is also a public speaker, and he shares his story with others to inspire them to never give up on their dreams.

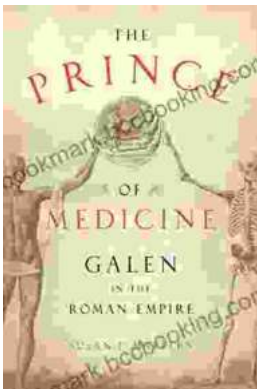
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